

# The Easter Experience 2026

Session 2 - February 25, 2026

My Life Can Change

Last week we focused on the fact that Jesus lived His earthly life as a servant. We also looked at His teachings that tell us that our purpose in life is to be servants as well. Did that lesson have any impact on how you lived out your week? If so, how?

## **DISCUSSION:**

1. What was your favorite part of this episode?
2. How do you see other people typically dealing with their regrets?
3. Kyle said the difference between remorse and repentance is that mere remorse leads one to turn to self in an attempt to make up for the mistake while repentance leads one to turn to Jesus for mercy. How would you describe the phrase “turning to Jesus” to someone who didn’t know what that meant?
4. Why don’t people take their regrets to Jesus first rather than try to handle those regrets by themselves?
5. When you fail or fall short, where do you tend to turn to first—to yourself to fix it or to Jesus to forgive it?
6. Do you have any regrets affecting your spirit these days? Is there anything you feel badly about? Maybe it’s something having to do with your marriage and how you treat your spouse. Or maybe it’s something having to do with your kids. Maybe it’s something to do with money or work. Have

you made some bad decisions you now regret? What are you currently regretting in life?

7. Bring one regret to mind. If you have several, choose one. As you think of this regret, consider where you are turning with disappointment. Is it to yourself to try to fix it? Are you trying to make up for this failure?

8. Imagine taking this regret to Jesus right now, as Peter did. Can you imagine saying to Him, "Lord, I am so sorry for this action"? Now imagine His reaction to your words. What do you think it would be?

9. Is this reaction like His reaction to Peter's denial or is it more harsh or unforgiving? If it is more harsh, why would Jesus be harder on you than He was on Peter, who had spent time with Him, seen Jesus' miracles and heard His teaching, yet denied Him?

### **FOR REFLECTION:**

Read this passage from John 20:30-21:19 every day for a week, first asking Jesus to open your eyes to what He wants you to see. Circle, underline, or write in the margins whatever words, phrases, or thoughts stand out to you.